

Daily Routine Checklist

We first make our habits, and then our habits make us
- John Dryden

2026.4						
MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
2026.5						
MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
2026.6						
MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

4 APRIL 2026								
		ITEM LIST		1.	2.	3.	4.	5.
1	WED							
2	THU							
3	FRI							
4	SAT							
5	SUN							
6	MON							
7	TUE							
8	WED							
9	THU							
10	FRI							
11	SAT							
12	SUN							
13	MON							
14	TUE							
15	WED							
16	THU							
17	FRI							
18	SAT							
19	SUN							
20	MON							
21	TUE							
22	WED							
23	THU							
24	FRI							
25	SAT							
26	SUN							
27	MON							
28	TUE							
29	WED							
30	THU							

5 MAY 2026								
		ITEM LIST		1.	2.	3.	4.	5.
1	FRI							
2	SAT							
3	SUN							
4	MON							
5	TUE							
6	WED							
7	THU							
8	FRI							
9	SAT							
10	SUN							
11	MON							
12	TUE							
13	WED							
14	THU							
15	FRI							
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17	SUN							
18	MON							
19	TUE							
20	WED							
21	THU							
22	FRI							
23	SAT							
24	SUN							
25	MON							
26	TUE							
27	WED							
28	THU							
29	FRI							
30	SAT							
31	SUN							

6 JUNE 2026								
		ITEM LIST		1.	2.	3.	4.	5.
1	MON							
2	TUE							
3	WED							
4	THU							
5	FRI							
6	SAT							
7	SUN							
8	MON							
9	TUE							
10	WED							
11	THU							
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13	SAT							
14	SUN							
15	MON							
16	TUE							
17	WED							
18	THU							
19	FRI							
20	SAT							
21	SUN							
22	MON							
23	TUE							
24	WED							
25	THU							
26	FRI							
27	SAT							
28	SUN							
29	MON							
30	TUE							

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2026.7						
MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

2026.8						
MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

2026.9						
MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

7 JULY 2026								
		ITEM LIST						
		1.	2.	3.	4.	5.	6.	7.
1	WED							
2	THU							
3	FRI							
4	SAT							
5	SUN							
6	MON							
7	TUE							
8	WED							
9	THU							
10	FRI							
11	SAT							
12	SUN							
13	MON							
14	TUE							
15	WED							
16	THU							
17	FRI							
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20	MON							
21	TUE							
22	WED							
23	THU							
24	FRI							
25	SAT							
26	SUN							
27	MON							
28	TUE							
29	WED							
30	THU							
31	FRI							

8 AUGUST 2026								
		ITEM LIST						
		1.	2.	3.	4.	5.	6.	7.
1	SAT							
2	SUN							
3	MON							
4	TUE							
5	WED							
6	THU							
7	FRI							
8	SAT							
9	SUN							
10	MON							
11	TUE							
12	WED							
13	THU							
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15	SAT							
16	SUN							
17	MON							
18	TUE							
19	WED							
20	THU							
21	FRI							
22	SAT							
23	SUN							
24	MON							
25	TUE							
26	WED							
27	THU							
28	FRI							
29	SAT							
30	SUN							
31	MON							

9 SEPTEMBER 2026								
		ITEM LIST						
		1.	2.	3.	4.	5.	6.	7.
1	TUE							
2	WED							
3	THU							
4	FRI							
5	SAT							
6	SUN							
7	MON							
8	TUE							
9	WED							
10	THU							
11	FRI							
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17	THU							
18	FRI							
19	SAT							
20	SUN							
21	MON							
22	TUE							
23	WED							
24	THU							
25	FRI							
26	SAT							
27	SUN							
28	MON							
29	TUE							
30	WED							

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2026.10						
MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
2026.11						
MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						
2026.12						
MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

10

OCTOBER

2026

ITEM LIST

1.	THU							
2.	FRI							
3.	SAT							
4.	SUN							
5.	MON							
6.	TUE							
7.	WED							
8.	THU							
9.	FRI							
10.	SAT							
11.	SUN							
12.	MON							
13.	TUE							
14.	WED							
15.	THU							
16.	FRI							
17.	SAT							
18.	SUN							
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20.	TUE							
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22.	THU							
23.	FRI							
24.	SAT							
25.	SUN							
26.	MON							
27.	TUE							
28.	WED							
29.	THU							
30.	FRI							
31.	SAT							

[illegible][illegible]

